



A Proven Employee Wellness Program That Compliments Your Clients Benefit Package

- **A 15 month study demonstrates how the My Wellchoice+ online wellness program can help your group clients reduce their healthcare cost:**
 - 29% lower medical claims costs*
 - 71% lower pharmaceutical costs*
 - 77% fewer unscheduled days off*
- **Saving employers money & allowing them to continue to offer benefits.**
- **Employers will change their health insurance carrier every 3-5 years. By having a standalone wellness offering the employees will not lose their program when the employer group changes health insurance carriers.**
- **Study proves program participants are 23%* more productive at work.**
- **Most employer groups receive a strong positive ROI.**

Provide a program that will help improve employee's health...

- 3.23 point reduction in Average BMI*
- 8% reduction in total Cholesterol*
- **The My Wellchoice+ GetFit-Customized fitness plan-, EatFit-Personalized Nutrition Plan & LiveFit- Self-improvement plan, provides members with a plan for every stage of their life. A history backed by 28 million members.**
- **Our TeenFit & KidFit plans help develop healthy behaviors in children under the age of 18.**
- **Members accumulate points to earn rewards.**
- **Members have access to their own trainer, nutritionist & Life Skills Coach 24/7 via email.**
- **Optional Tobacco Cessation Program.**
- **Optional Bio-Metric Blood Testing with confidential employee report and employer global report** (for groups with 2 or more employees).
- **Discount Fitness Facility benefit to over 9,000 clubs & Discount Exercise Equipment Purchases Included.**
- **The employees My Wellchoice+ online wellness program is portable.**

Help your business grow

- **The My Wellchoice+ program helps to open more doors for future business**
- **Will help retain your current client base**
- **Enhances your image to your clients by showing "That you Care"**
- **Earn additional compensation**

*Copies of the 15 month study are available by contacting My Wellchoice+

For additional details call My Wellchoice+ at 866-719-WELL (9355), or go to:

www.mywellchoiceplus.com